

53RD ANNUAL EDWARD W HOOK, JR. MD

2026 Recent Advances in Clinical Medicine



October 21-23, 2026
Virginia Guest House,
2017 Ivy Rd
Charlottesville, VA
or Virtually

Program Overview:

The Recent Advances in Clinical Medicine (RACM) conference is the University of Virginia Department of Medicine's flagship continuing medical education program, designed to provide clinicians with timely, evidence-based updates across major internal medicine subspecialties. The course features expert-led sessions spanning cardiology, gastroenterology, infectious diseases, endocrinology, pulmonology/critical care, nephrology, hematology/oncology, geriatrics, palliative care, and general internal medicine. The program emphasizes clinically relevant updates, guideline changes, diagnostic strategies, and therapeutic advances, with a focus on improving patient outcomes in both primary and specialty care settings.

Desired Outcomes

At the conclusion of this program, participants will be able to:

- Evaluate and manage incidental findings using evidence-based diagnostic strategies
- Integrate multidisciplinary care strategies into clinical practice to improve patient outcomes
- Incorporate emerging therapies into patient care.
- Recognize when specialty referral is indicated

Planning Committee:

David Callender, MD, MPH

Associate Professor, General Medicine, Course Director

Michael Ayers, MD

Associate Professor, Cardiovascular

Patrick Jackson, MD

Associate Professor, Infectious Disease

Beth Jaeger-Landis, ACNP

Internal Medicine

Michael Keng, MD

Associate Professor, Hematology-Oncology

Daphne Knicley, MD

Associate Professor, Nephrology

Donna Landen, MD

Assistant Professor, Family Medicine

Hannah Mannem, MD

Associate Professor, Pulmonary

Hitesh Patel, MD

Assistant Professor, Pulmonary and Critical Care

Kathryn Reid, PhD, FNP-C

Associate Professor, Nursing

Lisette Rodriguez, MD

Assistant Professor, Endocrinology

Wendy Sewack, M.Ed, MPH

Program Manager, Office of Continuing Medical Education

Brian Wentworth, MD, MS

Assistant Professor, Gastroenterology

Andrew Whitman, PharmD

BCOP, Lead Clinical Pharmacist

TARGET AUDIENCE

PHYSICIANS

NURSES

PHARMACISTS

PHYSICIAN ASSOCIATES

ADVANCED CARE PRACTITIONERS

REGISTER HERE



UVAHealth
Continuing Education

Provided by the School of Medicine and School of Nursing

Wednesday October 21, 2026

7:00- 7:55 AM	Breakfast, Registration, and Exhibitors	
7:55-8:05 AM	Welcome Remarks	Taison Bell, MD, MBA and David Callender, MD, MPH
8:05-8:10 AM	Infectious Disease Introduction	Moderator: Eric Houpt, MD
8:10-8:35 AM	HIV Treatment and Prevention	Alana Bergman, NP
8:35-9:00 AM	What Do you Need to Know about Outpatient Parenteral Antimicrobial Therapy (OPAT)	Joshua Eby, MD
9:00-9:25 AM	Herpesviruses: The Gift that Keeps on Giving	Neena Thomas-Gosain, MD
9:25-9:45 AM	Infectious Disease Discussion	
9:45-10:05 AM	Break and Exhibitors	
10:05-10:10 AM	Gastroenterology Introduction	Moderator: Brian Wentworth, MD, MS
10:10-10:35 AM	Right Test, Right Time: Practical Colorectal Cancer Screening	Cynthia Yoshida, MD
10:35-11:00 AM	Incidental Liver Lesions	Anya Mezina, MD
11:00-11:25 AM	Dysfunction of Upper GI Tract for PCP	Ken DeVault, MD
11:25-11:45 AM	Discussion	
11:45 AM-12:45 PM	Lunch Provided	
12:45-12:50 PM	Pulmonology Introduction	Moderator: Heath Patel, MD
12:50-1:15 PM	Updates in ILD for the PCP	Cole Burks, MD
1:15-1:40 PM	Defending Your Job From AI: Pulmonary Hypertension Referrals in 4 Steps	Andrew Mihalek, MD
1:40-2:05 PM	Chronic Cough	Heath Patel, MD
2:05-2:25 PM	Pulmonology Discussion	
2:25-2:40 PM	Break and Exhibitors	
2:40-2:45 PM	Multidisciplinary Introduction	Moderator: David Callender, MD, MPH
2:45-3:10 PM	Advanced Practice, Advanced Partnership: APPs are Kind of a Big Deal	William Lombardi, DNP, G-ACNP
3:10-3:35 PM	Integrating Patient Care in the CDK Clinic	Lori Dunn, PharmD, Danielle Wentworth, NP
3:35-4:00 PM	Beyond the Advance Directive: Building a System Wide Program	Candace Blades, JD, RN
4:00-4:20 PM	Multidisciplinary Discussion	

Thursday October 22, 2026

7:00-7:40 AM	Breakfast, Registration, and Exhibitors	
7:40-7:45 AM	Welcome Remarks	David Callender, MD, MPH
7:45-7:50 AM	Palliative Introduction	Moderator: W. Nat Timmins, MD
7:50-8:15 AM	The Hunger Paradox: Appetite loss in advanced illness	Margo Tanner, MD
8:15-8:40 AM	Neuropathic Pain in 2026: What's New, What Works, What's Next	Alexander Schoifet, MD
8:40-9:05 AM	Beyond NSAIDs and Opioids: Evidence and Use of Suzetrigine	Joshua Barclay, MD
9:05-9:25 AM	Palliative Discussion	
9:25-9:40 AM	Break and Exhibitors	
9:40-9:45 AM	General Medicine Introduction	Moderator: John Moriarty, MD
9:45-10:10 AM	Ozone Therapy for My Knee?! Exploring Evidence for Alternative Management of Musculoskeletal Pain	John MacKnight, MD
10:10-10:35 AM	Updated Hypertension Guidelines	Anthony Marino, MD
10:35-11:00 AM	AI in Primary Care	Maria Badaracco, MD & Lee Lockwood, PhD
11:00-11:20 AM	General Medicine Discussion	

Thursday October 22, 2026 continued

11:20–11:25 AM	Geriatrics Introduction	Moderator: Thomas (Brad) Murray, MD
11:25–11:50 AM	Old Problems, New Tricks 2026	Karen Starr, MD & Morgan Lockhart, PharmD
11:50 AM–12:15 PM	Alzheimer's - New Anti Amyloid Therapies	Matt Van Dongen, MD
12:15–12:35 PM	Geriatrics Discussion	
12:35–1:35 PM	Lunch Provided	
1:40–1:45 PM	Cardiology Introduction	Moderator: Michael Ayers, MD
1:45–2:10 PM	Incidental Echo Findings: When to Worry	Inga Melvinsdottir, MD
2:10–2:35 PM	Hypertriglyceridemia: When, How, and Why to Treat?	Sumeet Khertarpal, MD, PhD
2:35–3:00 PM	HFrEF for the PCP	Mirnela Byku, MD, PhD
3:00–3:20 PM	Cardiology Discussion	
3:20–3:30 PM	Break and Exhibitors	
3:30–3:35 PM	Oncology Introduction	Moderator: Michael Keng, MD
3:35–4:00 PM	Oncopulmonology: Sorting out pulmonary complications of cancer treatment	Jeffrey Sturek, MD, PhD
4:00–4:25 PM	Cardio-Oncology	Alana Ferrari, PharmD
4:25–4:50 PM	Onco-Endocrinology	Lia Lynch, PharmD
4:50–5:10 PM	Discussion	

Friday October 23, 2026

7:00–8:00 AM	Breakfast, Registration, and Exhibitors	
8:00–8:05 AM	Welcome Remarks	David Callender, MD, MPH
8:05–8:10 AM	Nephrology Introduction	Moderator: Daphne Knicely, MD
8:10–8:35 AM	Vaccination & infection management in kidney transplant recipients	Jeanne Kamal, MD
8:35–9:00 AM	Dialysis in the geriatric population: Benefit, Burden, and Goals of Care	Leah Wayner, ACNP
9:00–9:25 AM	Chronic Kidney Disease Updates	Vasrhsa Pothula Venkata, MD
9:25–9:45 AM	Discussion	
9:45–10:00 AM	Break and Exhibitors	
10:00–10:05 AM	Functional Medicine Introduction	Moderator: Dr. David Callender, MD, MPH
10:05–10:30 AM	We See You: Somatic Disorders from the Lens of Psychiatry	Anna Podrasky, Psy.D
10:30–10:55 AM	Contested Illness: When Symptoms and Science Diverge	Robert Powers, MD
10:55–11:20 AM	Demystifying EDS and Associated Conditions	Dacre Knight, MD, MS
11:20–11:40 AM	Functional Medicine Discussion	
11:40 AM–12:15 PM	Lunch Provided : Exhibitors, Grab lunch to eat during “Concepts”	
12:15–12:45 PM	"Concepts of a Plan": The Health Policy of Trump and RFK jr	Robert Powers, MD
12:50–12:55 PM	Endocrinology Introduction	Moderator: Lisette Rodriguez, MD
12:55–1:20 PM	Incretin Therapy Side Effects	Jennifer Kirby, MD, PhD
1:20–1:55 PM	Primary Aldosteronism: New guidelines for a common but often overlooked disease	Silas Culver, MD
1:55–2:20 PM	Type 2 Diabetes Updates	Jessica Wunderston, FNP
2:20–2:40 PM	Endocrinology Discussion	
2:40–3:00 PM	Closing Remarks	David Callender, MD, MPH



HOTEL & ACCOMMODATIONS: NEW LOCATION THIS YEAR!

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PHONE: 434-400-2100

PARKING IS AVAILABLE FOR ATTENDEES
NOT STAYING AT HOTEL

ADDITIONAL DETAILS ABOUT PARKING WILL BE PROVIDED TO
REGISTERED ATTENDEES DURING THE WEEK OF THE
CONFERENCE.

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BOOK YOUR HOTEL ROOM IN THE RACM ROOM BLOCK

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AVAILABLE ON A FIRST COME, FIRST SERVE BASIS, MAKE SURE TO RESERVE YOUR ROOM EARLY!

Registration

Registration and payment are available at www.cmevillage.com , Register by midnight October 18, 2026. No Walk in Registration accepted.

The course slides will be available online the week of the conference until 30 days after the conference. No print syllabus will be available.

Virtual Attendees will receive the Zoom Link the week of the conference.

REGISTRATION FEES

<u>Type</u>	Thru 9/18/26	9/19/26-10/18/26
Physician (In Person or Virtual)	\$650	\$750
Other HCP (In Person or Virtual)	\$600	\$700
Industry Employee	\$750	\$850

QUESTIONS CONTACT: WENDY SEWACK WSS8H@VIRGINIA.EDU
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